INSULATED SHEATHING PANELS

Abstract of the Disclosure

An insulated sheathing panel comprises an insulating member and a facing. The insulating member has two adjacent edges formed by a portion of its thickness extending beyond two corresponding adjacent edges of said facing. Two other adjacent edges of said insulating member in the said relative thickness portion are recessed within two corresponding edges of said facing. When the panels are applied to a stud wall, their edges are ship-lapped, with edges of the facings in abutted relation so there is not thermal break at the panel seam. "Z"-shaped clips or elongated bars are used to secure panels to the stud wall. The panel facings are finished and no vapor barrier is required. Methods are included.